



Dr. Sergio P. Saucedo DDS, Inc.
After Root Canal Therapy

- 1) YOUR TOOTH AND/OR GINGIVA (gums) MAY FEEL TENDER, THIS IS NORMAL.
- 2) AVIOD HOT OR OTHER STIMULI THAT CAUSES DICOMFORT. SENSITIVITY MAY BE PRESENT AND WILL DECREASE WITH TIME.
- 3) YOU MAY EAT ONCE THE ANESTHETIC WEARS OFF. EAT ONLY SOFT FOODS FOR THE FIRST 24 HOURS. MINIMIZE EATING ON THE TOOTH THAT RECEIVED ROOT CANAL THERAPYUNTIL THE TOOTH RECEIVES ITS PERMANENT RESTORATION.
- 4) EXCELLENT HOME HYGIENE IS IMPORTANT!
- 5) TAKE MEDICATION AS NEEDED FOR DISCOMFORT. (PRESCRIBED BY DOCTOR)
- 6) A TEMPORARY FILLING HAS BEEN PLACED AND YOU MAY NOTICE SMALL BITS OF IT MAY COME LOOSE OR SINK IN. THIS IS NORMAL. HOWEVER, IF THE ENTIRE TEMPORARY COMES OUT, PLEASE NOTIFY OUR OFFICE.
- 7) IF THE TOOTH HAS BEEN TREATMENT PLANNED TO RECEIVE A CROWN OR BRIDGE, YOU MAY HAVE BEEN PRESCRIBED A PERIDEX/PERIGUARD RINSE. IF SO, PLEASE BEGIN RINSING ONE WEEK PRIOR TO THE CROWN OR BRIDGE PREPERATION APPOINTMENT AS PRESCRIBED.

IF YOU HAD A LOCAL ANESTHETIC

- 1) THE AREA MAY FEEL SWOLLEN; HOWEVER IT WILL NOT LOOK IT.
- 2) DON'T BITE OR PLAY WITH THE LIP, TONGUE OR CHEEK.
- 3) DO NOT ATTEMPT TO EAT UNTIL NUMBNESS GOES AWAY.
- 4) USE CAUTION WHEN DRINKING HOT LIQUIDS, YOU COULD BURN YOUR LIP, CHEEK, OR TONGUE.
- 5) FEELING WILL RETURN WITHIN 2-6 HOURS. AS IT WEARS OFF, DO NOT RUB OR SCRATCH THE AREA.
- 6) IF YOU HAVE ANY QUESTIONS, PLEASE DON'T HESITATE TO CALL: 951-214-6585.